



# Practice & Prescribing

## Support Information

### Acute on Chronic Disease

#### Ratio of energy to protein

Because complete EN feeds have fixed ratios of energy to nitrogen (protein) there is sometimes a choice between feeding to exactly the requirement of one component but under-/over-feeding the other component. In some patients the difference may be small or physiological reserve adequate to prevent complications. However, many patients will suffer negative consequences from under-/over-feeding.