

Updates from PENG

Belated Happy New Year and welcome to the first ever edition of PENG's CN column!

Thank you to CN for the opportunity to have a regular quarterly column and provide a quick round up of what is happening in the world of PENG.

For those reading this and new to PENG, we are the Parenteral & Enteral Nutrition Group, a specialist interest group of the British Dietetic Association (BDA), established in 1983, and a Core Group of BAPEN. As a committee we are, like nutrition support is, a team but we 'feed' off the needs of our members.

As we continue to live in what can only be described as unprecedented times we want to continue to connect with members and support them in the right way. In order to achieve this, we are continuing with our webinar programme in 2021. The first one took place this year on February 9th with the focus on the findings of the recent 'water survey' (water usage in enteral feeding), to find out more please get in touch: peng@bda.uk.com We have planned regular early evening webinars for 2021, which are open to non-members, with the next one being held on April 20th when the PENG Award winners (soon to be announced at the time of writing this) will be sharing their winning abstracts, so please keep an eye on PENG's social platform (twitter) and PENG's website for more notifications. PENG members not only register free for the PENG-led webinars but will also have access to the recordings afterwards and the Q&A scripts. Following April, further webinars are planned for June, August, October and December.

PENG also hosts and manages the Virtual Home Enteral Feeding Network, which continues to go from strength-to-strength having found its new home on Basecamp in December. This Network is open to all healthcare professionals or assistant roles with an interest in home enteral feeding. We are keen to widen the multi-disciplinary team membership of the group, which currently has 270 members. So, if you are working in the area of home enteral feeding and interested in joining this virtual community, please visit: www.peng.org.uk/hcp-forums/hef-group.php for more information.

If your clinical practice includes experience of parenteral nutrition there will be a PENG survey coming soon. Further information on the survey will follow in the coming weeks, so please keep a watchful eye on the PENG communication channels.

This year we are also reviewing the PENG Dietetic Outcomes Toolkit and supporting the PENG Clinical Update Course, which takes place this year in a different and virtual way, so we look forward to sharing our experience with you.

Lastly, we wanted to celebrate and congratulate Terpsi Karpasitis who was the winner of the PENG 'Nutrition Support' stream at the Annual BDA Research Symposium in December, with her abstract entitled 'An exploration of nutritional adequacy in patients receiving extracorporeal membrane oxygenation and effects on gastrointestinal and physical function'.

There are lots of ways we will be keeping in touch, aside from via our PENG membership e-newsletter, there is also PENG email, twitter and website.

Take care, stay safe and please get in touch if you want to find out more about PENG*, or if you are a dietitian and not yet a member of PENG, visit:

www.peng.org.uk/join-us/

*PENG membership includes free membership to BAPEN, reduced rates for the PENG Pocket Guide to Clinical Nutrition, education support through funded places on the Clinical Update Course, supportive educational grant awards to allow presentation of original communications at meetings, access to the members section of the PENG website, bi-monthly newsletters, peer to peer support, and much more.



2021 Committee Members: Bruno, Linda, Kate, Kate, Long, Paula, Ellie, Vera, Rebekah, Alison, Alisa, Sean, Joanna, Kostas, Imogen, Peter, Lisa, Carole-Anne. Not pictured: Nicola