

# 2021 CN AWARDS THE WINNERS

The CN Awards recognises excellence and achievement in clinical, medical & health nutrition, and acknowledges the nutrition industry as a whole – individuals, groups and organisations that have gone above and beyond, to make a positive contribution and significant difference to the nutrition profession.

We can now reveal our 2021 CN Award winners...

## CN Writer of the Year

### Phill Johnston<sup>1</sup> and Samuel Lucking<sup>2</sup>

1. Acute Dietitian at University Hospitals of North Midlands NHS Trust/Highly Specialist Dietitian at Salford Royal NHS Foundation Trust
2. Surgical and Nutrition Team Dietitian at University Hospitals of North Midlands NHS Trust

"To even have been nominated was such a huge surprise, but to come away with the award is amazing. Thank you so much to all who have voted for us." – Phillip Johnston

"I am both honoured and proud to be awarded with writer of the year alongside my colleague and friend Phillip Johnston.

We began this project during the first wave and to see it published gives me a real sense of achievement. The idea was to highlight the importance of clinical Dietitians working on the front line during the Covid-19 pandemic and to provide an insight on lasting effects of the disease." – Samuel Lucking



## The Geoff Simmonett 'Commitment to Patient Care' Award

KINDLY SPONSORED BY NUTRICIA HOMEWARD



### Anne Daly

Highly Specialist Paediatric Metabolic Dietitian, Birmingham Children's Hospital

"How do I feel about winning? To put it simply... I think my initial thoughts on reading the email were incredulity. Once that had subsided a sense of embarrassment, humbleness and gratitude. It is of course a huge honour and undoubtedly it is our patients who deserve this award who are absolutely amazing and teach us something new every day in how they devote such care to their children in often adverse situations."

Kindly sponsored by Nutricia Homeward

"Congratulations to Anne Daly from all of the Nutricia Homeward Team, we are delighted she has won the 2020 Geoff Simmonett Award for her commitment to patient care. Anne has been a highly specialist dietitian (in IMD) since 2001, who has published 75 peer reviewed articles – some of which have defined dietic practice. She has spoken globally on her work and speaks to patients at the NSPKU conference every year. Anne is also involved in endless patient events in her own time."

"Anne is a member of the SSIEM dietitians and is involved with the new international course on IMD dietetics which will have its inaugural meeting this year. She is the Chair of the dietitians' group of the British Inherited Metabolic Diseases Group, and leads patient safety projects – such as initiating the first UK Diabetic Metabolic Formulary. She recently joined the ACBS committee to review metabolic products for ACBS prescription."

"Anne has a history of volunteering and recently became a Patron of The Campbell Burns Metabolic Trust charity."

The Nutricia Homeward Team – [www.nutriciahomeward.co.uk](http://www.nutriciahomeward.co.uk)



## New Product of the Year

### ProSource TF Plant

Nutrinovo – <https://nutrinovo.com>

"The entire Nutrinovo team are truly delighted that ProSource TF Plant has won the 2021 CN Award for Product of the Year. Our philosophy of producing innovative products, which are developed as a direct result of feedback from UK dietitians, means that this award provides us with a great deal of validation for all the hard work that has gone in to developing and producing the product."

"We would like to take this opportunity to thank all the CN readers who voted for ProSource TF Plant – the fact that this Award is voted for by the very people who use these products to make a difference to the patients they look after, means so much to us."



## Community Nutrition Professional of the Year

KINDLY SPONSORED BY YAKULT

### Ro Huntriss

Dietitian, Oviva

"I can't thank Complete Nutrition – and their readers – enough for this award! Collaboration and community within the nutrition industry is so important and I'm honoured that my work in supporting collaborations and opportunities has been acknowledged by receiving this fantastic award. Thank you so much."

This Award was kindly sponsored by Yakult

"Yakult is delighted to sponsor the 2021 CN Award for Community Nutrition Professional of the Year, and would like to extend a huge congratulations to Ro Huntriss, a London-based Consultant Dietitian and Nutritionist, on being this year's winner."

"Yakult would also like to pass on best wishes to all other nominees and Award winners, and to everyone involved in this year's CN Awards."

Yakult UK's Science Team – [yakult.co.uk/hcp](http://yakult.co.uk/hcp)



## Nutrition Resource of the Year

### MyNutriWeb

<https://mynutriweb.com/>

"On behalf of the entire MyNutriWeb team, we are thrilled and honoured to have won the 2021 CN Award for Nutrition Resource of the Year. A HUGE thank you to everyone who voted for us! It's a privilege to be supporting you with evidence-based CPD opportunities, which aims to help you in the never-more important role of nourishing clients and our nation, for better health and planet too. We share this passion and journey, and your faith in us will now propel us to do more to serve you. Let us know how we can support you further – we will continue to do our utmost to deliver. And of course, if you're not already a part of the MyNutriWeb community we look forward to welcoming you!"

Tanya Haffner RD MDA, MyNutriWeb



## Clinical Nutrition Professional of the Year & Social Media Personality of the Year

KINDLY SPONSORED BY NESTLÉ HEALTH SCIENCE & NUTRINOVO

### Cristian Costas

Specialist Coeliac Dietitian, Bradford Teaching Hospitals NHS Trust

#### CLINICAL NUTRITION PROFESSIONAL OF THE YEAR

"Winning this award is a huge honour because it is a category that encompasses so many different things and I knew I was up against some extremely strong contenders. For me winning this award reinforces the importance of two things: listening and looking ahead. Ever since I have started working with patients with coeliac disease I have tried to listen to their challenges and support them as best possible to overcome them while still looking ahead and trying to understand what new and current tools can help me to help my patients. This has allowed me to experiment with a number of things that I had very limited or no knowledge in, like creating YouTube videos, creating online feedback forms, sending digital newsletters, creating a Coeliac Disease Trust website, helping patients build a support group, etc. By combining my passion for coeliac disease and service development as well my hunger for learning, I have been able to move forward in ways I could have never imagined. For me, adapting our services and our roles in a dynamic way is the future of dietetics and winning this award confirms that my effort and passion for helping people with coeliac disease and improving NHS services have both gone in the right direction. Words cannot describe how it feels to lift your head up after all the hard work and see your profession and other health professionals recognise your work in this way. Huge thank you to everyone who voted for me and to those who have supported me along the way."

Clinical Nutrition Professional of the Year – kindly sponsored by Nestlé Health Science

"Nestlé Health Science is proud to have sponsored the 2021 CN Award for Clinical Nutrition Professional of the Year.

Huge congratulations to the winner of this award, Cristian Costas. What an achievement to be recognised by your peers for this award, well done. We would like to wish you continued success in your professional career."

The Nestlé Health Science Team – [www.nestlehealthscience.co.uk](http://www.nestlehealthscience.co.uk)



#### SOCIAL MEDIA PERSONALITY OF THE YEAR

"Winning this award is truly special for me because just over a year ago I had very basic knowledge of Instagram and only set up this coeliac dietitian account (@coeliac\_dietitian) in June 2020 due to the pandemic, when I saw how much people with coeliac disease were struggling to get appointments with dietitians. I felt it was my duty to make gluten-free dietary information more accessible and support people outside a clinic setting. This award validates my efforts and confirms that when we use our knowledge and skills to truly serve people, we can stand out despite all the noise on social media. There really is nothing holding us back from showing our work as dietitians out there and leading the way in the field of nutrition, but if we don't do it someone else with fewer qualifications will take our place. Winning this prize gives me some fantastic momentum to keep pushing things forward on social media and it will take me back to the drawing board so that I can use this position to continue to empower more of my colleagues on social media and make information more accessible to everyone. I really hope that my example can help more of my colleagues to jump onto social media and show their worth."

Social Media Personality of the Year – kindly sponsored by Nutrinovo

"On the behalf of everyone @Nutrinovo, we would like to congratulate Cristian Costas on winning the Social Media Personality of the Year award. The positive impact that Cristian has made via social media over the past year, by providing information that is informative and educational for both dietitians and patients has been truly admirable, and we wish him all the best in the future.

A big congratulations from all the Nutrinovo team"

Nutrinovo – <https://nutrinovo.com>



## Student of the Year

KINDLY SPONSORED BY BAXTER

### Molly McEntee-Morris

Student Dietitian, University of Chester

"I am absolutely honoured to have been awarded CN Student of the Year Award.

I am grateful to have been nominated by my lecturer Dr Kirsty Martin-McGill. I was elated upon the receipt of such positive news and the realisation that I had been supported by so many people. I want to thank everyone who voted for me and has supported me along the way, including family, friends, fellow students, lecturers and dietitians. All have played a role in leading up to this moment and I am extremely proud to be in this position. A huge thank you to Kirsty for believing in me and putting me forward for this award, your support truly does mean a lot. I have an immense passion for dietetics and helping others, which I feel has been recognised and I hope that I can continue to promote as I enter the professional world."

Kindly sponsored by Baxter

"The Baxter team would like to congratulate Molly winning the student of the year award. It was inspiring reading about your accomplishments over the past year, especially your work digitally connecting, and supporting, fellow students in what has been a very challenging twelve months. Congratulations on a very well-deserved award, and the Baxter team wish you success with your future career."

The Baxter Team – [www.baxter.com](http://www.baxter.com)



## Paediatric Nutrition Professional of the Year

KINDLY SPONSORED BY FRESenius KABI

### Julia Faulkner

Paediatric Dietitian, Somerset NHS Foundation Trust, Musgrove Park Hospital

"Thank you to all of those who voted. It really is a privilege, doing the job I do, working with children and their families. I learn a lot from them. I am lucky to work in a very supportive unit and want to thank them for their encouragement. I have benefitted from the patient/parent support charity TOFS (Tracheo-Oesophageal Fistula Support) during my own parent journey, and it only feels right that I can now – as a volunteer but with my personal and professional experience – help with patient advocacy and education. I have met some truly inspiring patient, parent/carer volunteers and it is wonderful to see collaboration happening between healthcare professionals and these groups."



Kindly sponsored by Fresenius Kabi

"Fresenius Kabi is delighted to be sponsoring the CN Paediatric Professional of the Year Award for 2021. We recognise the significant impact many paediatric professionals have on their patients' daily lives and want to congratulate Julia Faulkner for her outstanding achievement and being voted the Paediatric Nutrition Professional of the Year in the 2021 CN Awards!"

"Julia has clearly gone above and beyond in numerous ways, from ensuring that vulnerable families in her care had the essential food supplies they needed during COVID-19 lockdowns by dropping-off food supplies during her commute to work; to reviewing her working hours to include Saturday clinics so she can review children face-to-face and save them additional hospital trips. This reflects her true commitment to patient-focused care."

"In addition to this, Julia has also been a major driving force in the enhancements of patient care for children with oesophageal atresia and tracheo-oesophageal fistula (OA/TOF). She led a team in the production of an animation 'Care And Nutrition in Esophageal Atresia (CANEA)', which highlights to families the nutritional care they should expect. Julia has produced patient information on introducing solids for the TOFS charity and has edited 'The Soft Food Recipe Book', created for those born with OA/TOF and associated conditions."

"Congratulations Julia from everyone at Fresenius Kabi."

The Fresenius Kabi – [www.fresenius-kabi.com/gb/](http://www.fresenius-kabi.com/gb/)



## Outstanding Achievement

KINDLY SPONSORED BY ABBOTT

### Dr Simon Gabe

Consultant Gastroenterologist, St Mark's Hospital, Harrow

"I felt honoured to have been nominated for this award, let alone to have won it. The reality is I am not special. I work in an amazing place with an amazing team, helping patients who have been really unfortunate in developing intestinal failure. Over the years I have learnt so very much from the nurses, pharmacists, dietitians, and patients who form part of this team. Patients who have to live with misfortune but cope so incredibly well. They have even helped me to rationalise and cope with my own recent medical issues."

"To anyone who is interested in this field, this is an area where you can make a real difference and help people.

This is also an exciting area where medical developments are happening and will continue to develop in the years to come."

"Thank you to those who voted for me, and I hope that I will continue to contribute for many years to come."



Kindly sponsored by Abbott

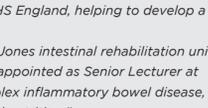
"Abbott would like to recognise Dr Simon Gabe, voted this year's winner of the Outstanding Achievement Award by Complete Nutrition readers. Dr Gabe has made a significant contribution to the field of nutrition during his career. He co-founded the National Adult Small Intestinal Transplant Forum and has been an active member of a Clinical Reference Group within NHS England, helping to develop a network within England for all patients with Intestinal Failure."

"In his role as a Consultant Gastroenterologist at St Mark's, Harrow, Dr Gabe chairs the Lennard Jones intestinal rehabilitation unit which has now been accredited as a National Reference Centre for severe intestinal failure. He was appointed as Senior Lecturer at St Mark's and Imperial College in 2000. Dr Gabe has a wide clinical experience in dealing with complex inflammatory bowel disease, especially with fistula development as well as intestinal failure, clinical nutrition and home parenteral nutrition."

"Dr Gabe has also made extensive contributions to the British Association for Parenteral and Enteral Nutrition (BAPEN). BAPEN is a charitable association that raises awareness of malnutrition and works to advance the nutritional care of patients and those at risk from malnutrition in the wider community. Throughout his career, Dr Gabe has been Chair of BAPEN Regional Representatives, Executive Officer, Honorary Treasurer and President of BAPEN."

"Congratulations Dr Gabe on your commitment to patient care and advancing the field of nutrition throughout your career."

Rebecca Stevenson, Medical Director, Abbott's Nutrition business – [www.nutrition.abbott/uk](http://www.nutrition.abbott/uk)



## Congratulations to all the 2021 CN Award winners and compliments to all those that were shortlisted.

The CN Team would like to THANK everyone who has been involved in this year's Awards – sponsors, nominators, nominees and all the readers of CN Magazine.

Your combined support is what makes the CN Awards so successful year-on-year.

The CN Awards are *your* Awards to recognise *your* profession.

Kindly sponsored by...

