





Products, services & media information





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Introduction

Formed in 2000, Complete Media & Marketing (CM2) is a specialist publishing company producing the market-leading title Complete Nutrition (CN). Indeed, CN Magazine is firmly established as the UK's No.1 clinical, medical & health nutrition publication.

The CM2 Team boasts many years industry experience and, as such, have devised a wide-range of products that enable companies active within the field of nutrition to accurately and consistently target their key customers.

CM2 offers cross-platform promotional opportunities - via print, online and email all under one roof! Quite simply, we are your voice in clinical, medical & health nutrition.

CM2 also acts as a media partner to various professional associations, providing expert assistance with branding, design, production and the distribution of newsletters and publications on a contract basis.



Complete Media & Marketing Ltd

Page Croft Room, The Priory, High Street, Ware, SG12 9AD, UK t: +44 (0)1920 449 128 e: info@cm-2.co.uk w: www.nutrition2me.com



Welcome to CM2 - formed in 2000 to communicate nutrition information from a new perspective.

We hope that you find the information you're looking for in the pages of this brochure but, if not, please don't hesitate to call or email one of the CM2 Team. We're here to help our customers and we're always available to talk, or respond to your requests via email.



Fave Telford-Penfound Publisher faye@cm-2.co.uk



Anne Holdoway Editor info@cm-2.co.uk



Angela Foxall Advertising advertising@cm-2.co.uk



Vicki Paskell Finance vicki@cm-2.co.uk



Paul Phillips Designer paul@cm-2.co.uk



Jodie Smith Publishing Executive jodie@cm-2.co.uk

Follow us





🏏 @CNmagazines 🗗 @CNmagazines 👩 @cnmagazines ከ @CNMag









Editorial overview

Published nine times a year, with all issues produced both in print and digitally, Complete Nutrition (CN) aims to meet the information needs of nutrition healthcare professionals with a regular, professional publication that gets to the heart of current thinking and practice.

Strong editorial, written by respected authors, is mixed with practical articles and informative news from in and around the profession, offering readers an educative, balanced and enjoyable to read publication.

CN boasts an editorial team with expertise across all areas of clinical, medical and health nutrition, helping to promote excellence in the title's content, whilst providing readers with confidence that they are reading accurate, informed editorial in every issue.

CN carries the following regular sections:

- Big Story
- Paediatrics
- Hot Topics
- News & Views
- Diary Dates
- Product News
- Journal Watch The Student Room
- Columns: BAPEN, Nutrition Society, NNNG & NNEdPro.



Circulation

CN is circulated to in excess of 10.500* named healthcare professionals on a controlled and requested basis.

CN's circulation database is continually updated, ensuring that distribution is both targeted and accurate.

Profession	Total	Print	Digital
Dietitians	9,053	7,372	1,681
Nutrition/gastro nurses	182	126	56
Other nutrition professionals (e.g. gastros/pharmacists lecturers/nutritionists/industry)	498	141	357
Students	844		844
Total circulation	10,577	7,639	2,938

 * Circulation figures recorded July 2021. Circulation figures may be subject to change. Please contact CM2 for the latest circulation figures.

WHAT THE INDUSTRY SAYS...

Complete Nutrition is our go-to publication for speaking to nutrition healthcare professionals, due to its excellent reach, reputation and advertising options. "

Stephanie Brien, Commercial Executive, Alliance Pharma

A world of promotion

Display advertising

Build brand awareness and enhance productivity with a display advert - article-facing and premium positions available.

Advertorials

Captivate readers through a mix of text and imagery we can even design and layout your advertorial for added convenience

Bundle offers

We have a range of cross-product, cross-platform, costeffective bundles - see page 18.

Loose/bound literature inserts

Send us your literature pieces and we'll circulate them via CN - it costs less than if you were to mail them out yourself!

Special covers

For maximum impact why not take advantage of a barndoor, fold-out or false cover.

Product sample & literature attachments

Place your product samples or literature right in front of your customers cost-effectively and with maximum impact. We can attach your product samples or literature to a specific page within the magazine or on the front cover.

Sponsored articles/content

Want to see a specific subject covered by way of an independent article? Get in touch and we will explain the options.

Bellybands

Opt to have your material wrapped around the front cover, and/or bookmarked, ensuring that readers will see your message first!

Product news

Simply send us your press release and product image and we will place it on our Product Wall - plus, as an added bonus, it will also be placed on nutrition2me.com and be highlighted in an issue of CN e-news.

We are able to go beyond the scope of competitor titles by offering an array of bespoke opportunities tailored to your needs, so please get in touch to discuss your specific requirements.

PLUS.



CN Professional Development (CNPD)

CNPD is a unique service that allows readers of CN Magazine to test their knowledge of articles within each issue using an interactive questionnaire system that is hosted on nutrition2me.com - the online home of CN Magazine. Companies are able to sponsor CNPD, enabling coverage in CN Magazine and online at nutrition2me.com - affording the opportunity to support your customers ongoing professional development from just £595.

Rates (net)

Display advertising/advertorials

	Rate per insertion
Premium cover (IFC/OBC)	£1,810
Premium double-page spread (First to be seen)	£2,995
Full-page	£1,760
Double-page spread	£2,845
Half-page (Horizontal or Vertical)	£1,045

Loose literature insertions

£1,445 weight up to 10 g (per item)

£42 per g where 10 g threshold is exceeded

Please note: Size conditions apply. Costs may differ from those published if the literature inserts require special handling - e.g. die-cut/non-straight edges. Further details are available upon request.

Bookmark inserts

£2,345 weight up to 10 g (per item)

£42 per g where 10 g threshold is exceeded

Bound literature insertions

£2,345 weight up to 10 g (per item)

£42 per g where 10 g threshold is exceeded

Please note: Bound inserts are bound within the spine of the magazine.

Fold-out bound insert (4 pages)

£5,250 weight up to 20 g (per item)

£42 per g where 20 g threshold is exceeded

Please note: Bound inserts are bound within the spine of the magazine.

Product sample & literature attachments

Within magazine

£2,545 weight up to 10 g (per item)

Attached to cover

£3,645 weight up to 10 g (per item)

£42 per g where 10 g threshold is exceeded

Please note: Size conditions apply. Literature attachments are affixed using hot-dots. Size conditions apply. Further details are available upon request.

Bellybands

Horizontal

£3,575 weight up to 10 g (per item)

£42 per g where 10 g threshold is exceeded

Please note: Size conditions apply. Further details are available upon request

Vertical

£3,900 weight up to 10 g (per item)

£42 per g where 10 g threshold is exceeded

Please note: Size conditions apply. Further details are available

£3,900 weight up to 10 g (per item)

£42 per g where 10 g threshold is exceeded

Please note: Size conditions apply. Further details are available

Special covers

£6,995 Barndoor cover (3 pages)

£6,190 Fold-out cover (front - 3 pages) £7,240 Fold-out cover (back - 4 pages)

£7.995 False cover

Please note: Size conditions apply. Further details are available

Product wall

£395 for each entry + as an added bonus, placed on nutrition2me.com and highlighted in CN e-news for a month.

Enhanced diary dates

£95 for each entry per issue - includes event listing with logo.

Advert & article packages

If you are booking a full-page of advertising, supporting editorial pages start at £600 (per page). Alternatively, see our special Bundle 3 package on page 18.

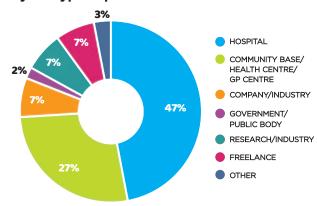
THE RESULTS

Following a recent CN Reader Survey, carried out in association with All Change Place, we are delighted to announce that Complete Nutrition (CN) Magazine have, once again, been voted the UK's undisputed No.1 nutrition and dietetic publication.

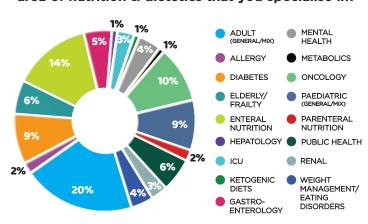
Readers were invited to provide their opinions on what they read, like and value about CN Magazine and the other nutrition titles available. The results have confirmed that CN Magazine firmly remains the UK's No.1. Indeed, when asked about their overall preferred read, 77% chose CN Magazine!

Please find below a collection of the outstanding responses, plus helpful statistics to aid your promotional campaigns.

Which of the following best describes your typical place of work?

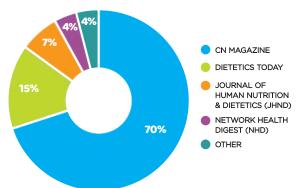


Which one of the following best describes the area of nutrition & dietetics that you specialise in?

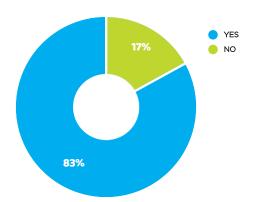


of readers state that CN is their preferred nutrition & dietetic publication

Which one of the following publications do you find most useful as a resource in your day-to-day practice?



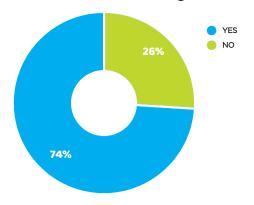
Do you take notice of the advertisements that appear in CN Magazine?



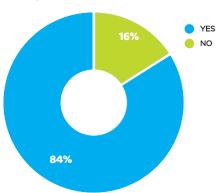
of readers rate the quality of content within CN Magazine as 'Good' or 'Excellent'

79% retain their copy of CN for future reference or pass to a colleague

Have you previously or do you currently recommend/use any of the products advertised within CN Magazine?

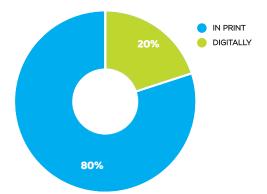


Do the advertisements within CN Magazine help you to keep up-to-date with products and services available?

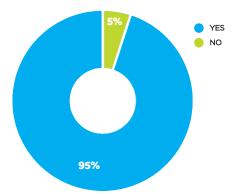


85% find A4 magazines easier to read than A5

Overall, do you prefer to read magazines like CN digitally or in their printed format?

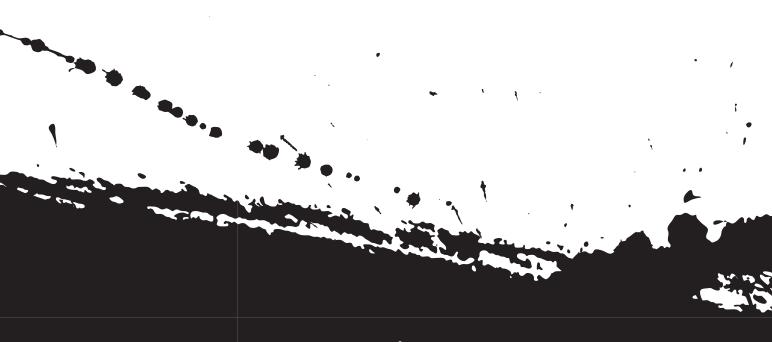


Would you find it useful to have instant access to a variety of webinars/educational videos on nutrition and dietetics from one place?



"Practical, useful, up to date and trustworthy."





NUTTION 2008 Com The online home of CN & so much more

nutrition2me.com attracts over 108,000 unique visits per annum



nutrition2me.com

Overview

nutrition2me.com is the online home of the UK's No.1 clinical, medical & health nutrition title - CN Magazine.

nutrition2me.com aims to provide nutrition professionals with an online resource that supports them in their day-to-day practice, whilst at the same time providing companies with an ideal platform through which to promote their products and services within this exciting arena.

Stats

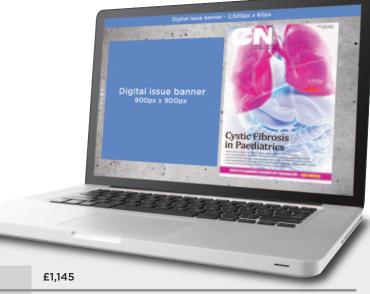
- 108,000 unique visits per annum
- **7,400** average unique visits per month
- 13,000 average page views per month

Promotional opportunities

- · Leaderboard, pop-up & MPUs
- Homepage takeover
- Recruitment & event advertising
- Video & webinar hosting
- Sponsored page
- Digital issue banners CN Magazine is available digitally, and alongside each issue are banner positions.

Sidebar MPU's Sign-up to Cit c-news and more > Home publications News Resource Centre CNPO Cit Awards Industry Subscriptions Homepage Premium MPUs Single 300px x 250px Single 300px x 250px Homepage MPUs Vertical double 300px x 600px Award Name of the contract of

Digital issue banners



Advertising rates (net)

Homepage leaderboard* Homepage premium MPU*	
• Single	£745
• Double	£1,195
Quadruple	£2,245
Homepage MPU*	
• Single	£645
Double	£1,045
Quadruple	£1,835
Homepage takeover* (1 x Leaderboard; 4 x Premium MPUs; 4 x MPUs)	£5,175
Sidebar MPU*	
• Single	£645
Vertical double	£995
Pop-up (non-homepage, 6 top visited pages)	£995
Pop-up (non-nomepage, o top visited pages)	
Event listing/banners (on diary dates page)	Listing with logo £95; Banner £195; Large banner £395
	Listing with logo £95; Banner £195; Large banner £395 £695

Videos & webinars - hosting rates (net)

A video/webinar hosted within the 'Videos & Webinars' section at nutrition2me.com

	1 month	3 months	6 months	12 months
Hosting only (inc. video embedment, plus description of video, company logo and contact details)	£100	£150	£240	£420
Hosting plus monthly MPU on nutrition2me.com	£695	£1,985	£3,920	£7,740
Hosting plus monthly 'Video/webinar of the Month' in CN e-news	£750	£2,185	£4,290	£8,340
Hosting plus monthly CN e-shot	£895	£2,635	£5,120	£9,540
Hosting plus monthly 'Video/webinar of the Month' in CN e-news & MPU on nutrition2me.com	£1,390	£4,120	£8,040	£15,385
Hosting plus monthly CN e-shot & MPU on nutrition2me.com	£1,540	£4,520	£8,940	£16,435

CN Extra - sponsored page rates (net)

A sponsored page hosted within the 'CN Extra' section at nutrition2me.com

	1 month	3 months	6 months	12 months
Sponsored page only (for example, inc. content, company logo and contact details)	£395	£790	£1,185	£2,195
Sponsored page and banner in CN e-news	£845	£2,140	£3,490	£5,800
Sponsored page plus monthly MPU on nutrition2me.com	£995	£2,590	£4,390	£7,600
Sponsored page plus 'Resource of the Month' in CN e-news	£1,045	£2,740	£4,690	£8,200
Sponsored page plus monthly CN e-shot	£1,145	£3,175	£5,560	£10,540
Sponsored page plus monthly 'Resource of the Month' in CN e-news & MPU on nutrition2me.com	£1,685	£4,540	£8,260	£15,940
Sponsored page plus monthly CN e-shot & MPU on nutrition2me.com	£1,785	£4,960	£9,130	£17,680

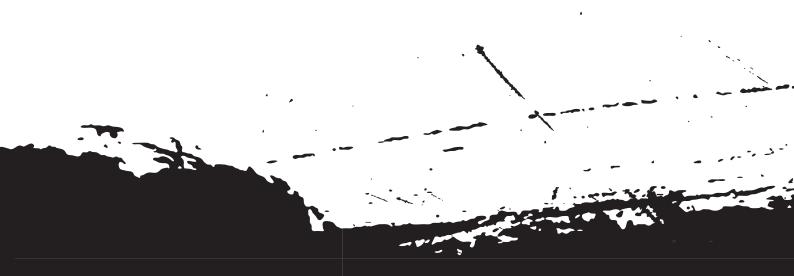


"Articles are relevant, practical, insightful, professional and spread innovation and good practice."

Dietitian, Somerset







Keep up-to-date with the latest nutrition & health information

Sent to over 5,600 UK nutrition & dietetic professionals - all requesters



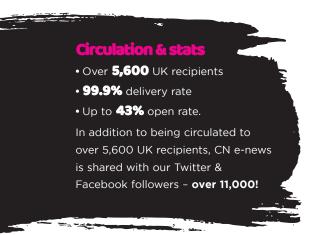
Overview

CN e-news is a twice-monthly e-newsletter for nutrition healthcare professionals, consisting of readers of CN Magazine, and visitors to nutrition2me.com.

CN e-news supports the increasing information needs of CN readers and website visitors through the delivery of regular, topical news, in addition to diary dates, product updates and much more - direct to their inbox!

CN e-news carries the following regular sections

- News & Views
- Diary Dates
- Product News
- CNPD
- Have Your Say
- CN Awards.





Rates (net)

Leaderboard

Per month (2 sends)	£795
Banners	
Premium banner - per month (2 sends)	£595
Banner - per month (2 sends)	£495
Product of the Month	
Product of the Month Per month (2 sends) and entry on	

The takeover

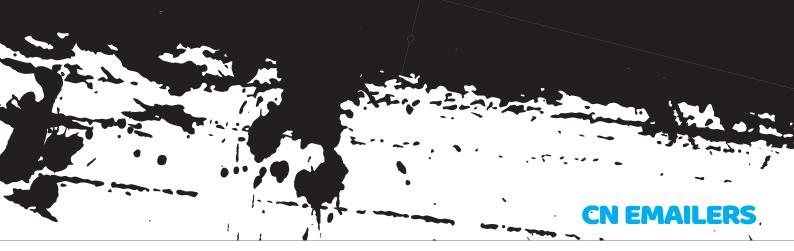
Takeover CN e-news for a month (2 sends) £2,100

- 1 x Leaderboard
- 1 x Premium banner
- 1 x Banner
- 1 x Product of the Month.



A targeted e-shot dedicated to your unique message

Sent to over 5,600 UK nutrition & dietetic professionals - all requesters



CN e-shots

Overview

A CN e-shot is a bespoke promotional email, dedicated to your brand - an ideal option whether you are wishing to promote:

- Webinar/conference/event
- Product/service
- Job vacancy
- Study/research results
- New product launch.

CN e-shots are extremely popular and we recommend advance booking.



- Over **5,600** UK recipients
- 99.9% delivery rate
- Up to **30%** open rate.

In addition to being circulated to over 5,600 UK recipients, CN e-shots are shared with our Twitter & Facebook followers - over 11,000!



Rate (net)

CN e-shot

1 x e-shot £895 6+ e-shots £845 per e-shot (when booked together)

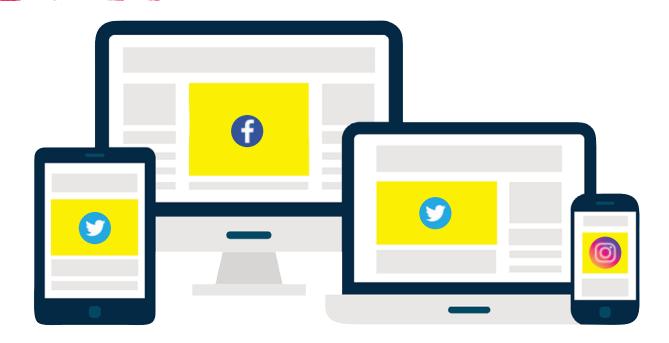
WHAT THE INDUSTRY SAYS...

"CN e-shots are an excellent way of engaging our key audience and provide an effective platform for us to share our news with HCPs "

Jennifer Waterfield, Marketing Executive (Health Profession), Wiltshire Farm Foods







Overview

Raise awareness of your brand, event or product with a multi-platform social media promotional campaign.

Social media sponsorship with CN Magazine is the ideal option to reach our ever growing list of over 11,000 dietetic followers!

Social Media POST

£695 (net) - includes:

1 x Tweet

1 x Facebook post

1 x Instagram post

Up to a 4-week period*

Social Media BUNDLE

£1,495 (net) - includes:

3 x Tweets

2 x Facebook posts

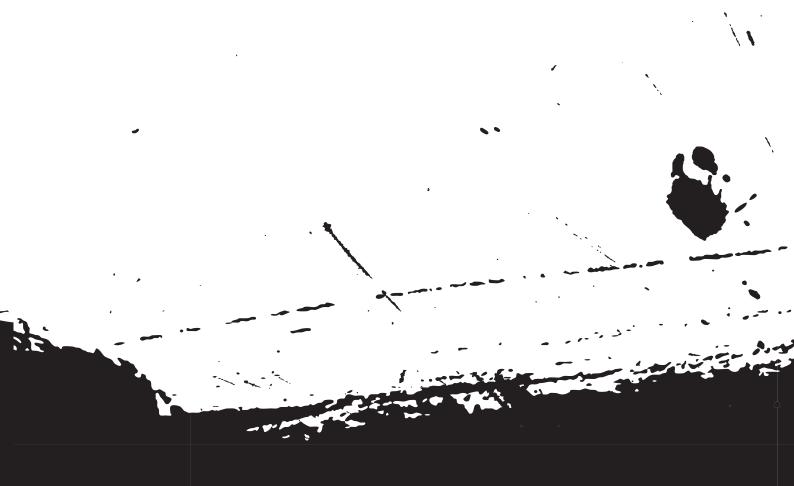
2 x Instagram posts

Up to a 6-week period*

*The timing of your posts/campaign to suit you, subject to availability.







cn bundles

Promo bundles to suit your needs across our print & digital options



PRINT, ONLINE & CN EMAILERS

Promo Bundles - The Super Six!

Save with a promo bundle across our print & digital options...

BUNDLE (PRINT & DIGITAL)	BUNDLE (PRINT & DIGITAL)
 1 x full-page of advertising in CN Magazine 2 x Product News in CN Magazine 1 x CN e-shot 	 1 x full-page of advertising in CN Magazine 2 x Product News in CN Magazine 1 x CN e-news banner for a month (2 sends)
ONLY £2,245 - saving you £1,200*	ONLY £1,845 - saving you £1,200*
BUNDLE (PRINT & DIGITAL)	BUNDLE (DIGITAL ONLY)
 1 x full-page of advertising in CN Magazine Up to 3 pages of editorial in CN Magazine 1000 x 4-page article reprints A PDF e-print PLUS Article hosted indefinitely online at nutrition2me.com with your logo A dedicated mention in CN e-news 	 1 x MPU on nutrition2me.com 1 x CN e-news banner for a month (2 sends)
ONLY £3,695 - saving you £1,815*	ONLY £1,065 - saving you £75*
BUNDLE 5 (PRINT & DIGITAL)	BUNDLE ((PRINT ONLY)
 1 x full-page of advertising in CN Magazine 1 x CN e-news banner for a month (2 sends) 	1 x bookmark bellyband in CN Magazine1 x double-page spread in CN Magazine
ONLY £1,555 - saving you £700*	ONLY £5,695 - saving you £1,000*

^{*}Savings calculated against 2022 Media Pack rates. Subject to availability. All bundle items must be placed within a 6-month period from first placement. All rates are quoted in NET.



AWard

Recognising excellence & achievement in clinical, medical & health nutrition

Overview

Successfully launched in 2010, the annual CN Awards encompasses 10 award categories, recognising the achievements of those whose work has made a significant difference within the nutrition industry whether as an individual, group or organisation.

The annual CN Awards represent an outstanding promotional opportunity for companies active within the industry. Indeed, those opting to sponsor a category benefit from comprehensive coverage in CN Magazine, CN e-news and via: nutrition2me.com from November 2021 until November 2022.

CN Award Categories

- Community Nutrition Professional of the Year
- Clinical Nutrition Professional of the Year
- Paediatric Nutrition Professional of the Year
- Social Media Personality of the Year
- Nutrition Resource of the Year
- Student of the Year
- New Product of the Year
- The Geoff Simmonett 'Commitment to Patient Care' Award
- CN Writer of the Year
- Outstanding Achievement.

How to sponsor an Award

Sponsorship of each category is priced at £3,345*. Each sponsoring company will benefit from the following branded coverage from November 2021 (or point of booking) until November 2022 across CN Magazine and associated products:**

- O Coverage within a dedicated CN Awards section in every issue of CN Magazine from booking until November 2022
- O Continual coverage online within the dedicated CN Awards section at nutrition2me.com, which is subject to over 108,000 unique visits per annum
- (Promotion via CN's social media accounts over 11,000 'followers'
- O Continual coverage within CN e-news the twice monthly e-newsletter of CN Magazine, sent to over 5,600 UK nutrition and dietetic professionals
- O A dedicated CN e-shot announcing sponsorship of your chosen category, sent to over 5,600 UK nutrition and dietetic professionals
- (O) Use of the CN Awards branding for your own promotion around your sponsorship
- Two company representatives invited to personally present the Award to the winner at a gathering in London.
- * Rate quoted in NET.
- ** IMPORTANT: The earlier you book the more coverage you will get!

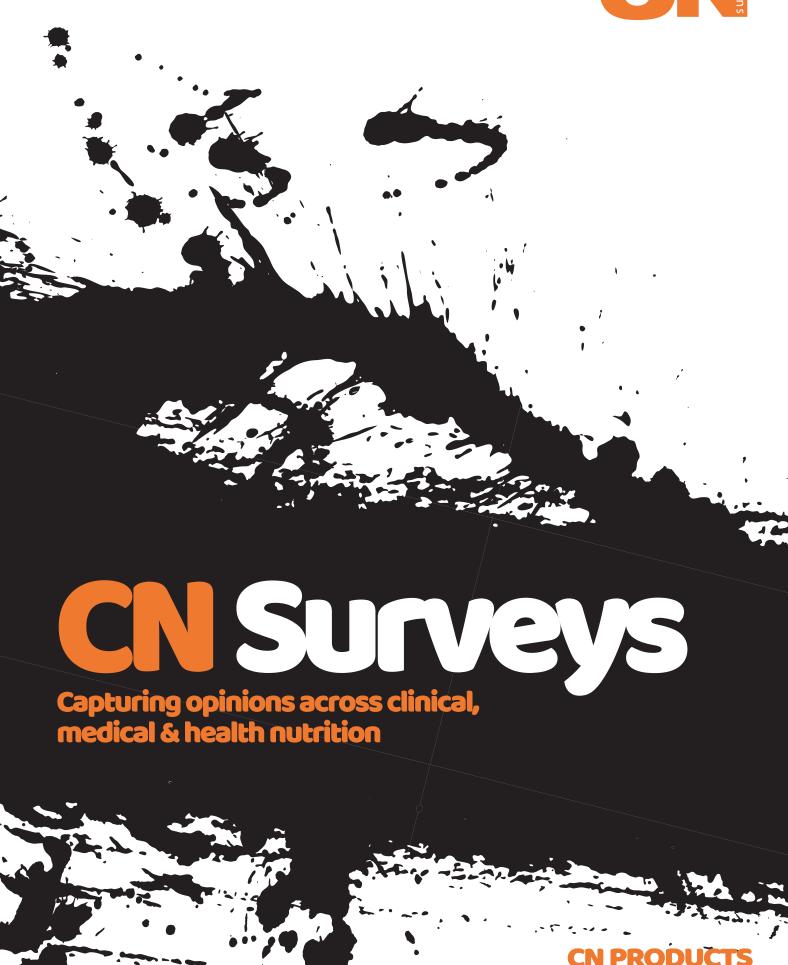
WHAT THE INDUSTRY SAYS...

At Fresenius Kabi, we are proud to have worked with, and sponsored the CN Awards for many years now. The CN Awards provide a fantastic opportunity for the nutrition industry to come together and recognise the amazing achievements of either individuals, groups or organisations, whose hard work and dedication has a made a real difference in the field of clinical nutrition.

After such a challenging few years for all, we feel it's more important than ever to continue to recognise and acknowledge the outstanding achievements within our industry. If you know of a peer, colleague, or friend who you feel should be recognised for their achievements, the CN Awards is a great way for you to nominate them so we can celebrate their hard work and dedication.

We look forward to hopefully seeing you all soon and continuing to support the fantastic work done by the CN Awards team. $^{\prime\prime}$ Laura-Jane Marris, EN Marketing Manager, Fresenius Kabi Ltd.







CN Surveys enable you to reach our unique audience of nutrition health professionals with a dedicated survey that is bespoke to your needs and unique to your purpose. This product from CN affords you the opportunity to cost-effectively gather opinions, gain the views of your customer base, and then utilise the results to further your sales, marketing or overall business goals.

How do CN Surveys work?

- You supply us with a set of key questions around the subject of your choice
- · Your approved questions will then be uploaded to our CN branded 'Survey Monkey' platform
- Once the survey is approved, we will then send a dedicated CN Surveys e-shot to our unique database of over 5,600 UK nutrition healthcare professionals twice over the duration of 1 month
- Details of the survey will also be displayed in the 'Competitions & surveys' section on nutrition2me.com and, if the timing allows, details of the survey will also be published in CN Magazine
- On completion, we will provide you with the full set of results for your own analysis and use.

How could CN Surveys benefit vour business?

Carrying out a CN Survey will produce a unique set of results answering key questions that are pertinent to your business. These results could be used to form a review article for publication in CN Magazine, to provide content and support to promotional campaigns, or to develop a scientific poster for presentation at key professional conferences. These are just a few examples of the many ways you can utilise your CN Survey results.

What's included in the price?

The total cost of a CN Survey is £3,750* and includes:

- Survey construction using up to 15 questions into our 'Survey Monkey' platform**
- 2 x bespoke CN Surveys e-shots to our unique database of over 5,600 nutrition healthcare professionals
- An incentive/competition to the value of £200 will be attached to the survey (e.g. £200 voucher of your choice). CN will handle the competition draw, rules, and distribution of the incentive to the winner
- The survey would run for 1 month from the date of the first CN Surveys e-shot being sent
- The survey results supplied in full.
- * Rate quoted in NET.
- ** Details of the type and format of the questions are available on request.

WHAT THE INDUSTRY SAYS...

to reach our target audience and ask questions that are pertinent to our area of business. The information we have gathered via our CN Survey has not only allowed us to gain a greater understanding of the thoughts of our customer base, but will shape the information we provide to nutrition healthcare professionals going forward."

Sam Harriman, Commercial Manager, Alliance Pharma



Communicating in print, via email & online



Overview

With over 20 years experience in healthcare publishing, CM2 are equipped to meet your entire contract publishing requirements - from establishing an initial concept or building on an existing one, through to complete development and management of your end-to-end publishing requirements.

CM2's dedicated in-house team are renowned for making the publishing process a smooth, simple and fulfilling experience for their clients.

We offer a complete range of publishing services:

- Publishing consultancy
- Project management
- Design
- Editorial support
- Contract sales
- Print
- Distribution
- The end-to-end creation of magazines, newsletters and journals (print or digital), websites, brochures, press releases and promotional products.

Key contacts, gained and established from working for many years within the publishing sector, enable CM2 to offer a cost-effective service that is tailored to meet your needs or the needs of your organisation. CM2 works with highly respected International and UK-based nutrition associations and organisations to manage and publish their magazines, newsletters and literature. Examples of which include: BAPEN and the National Nurses Nutrition Group (NNNG). CM2 is as a highly professional, capable and reliable contract publisher.



TESTIMONIALS...

"BAPEN have worked very successfully with CM2 for many years on a variety of key publishing projects. They provide an outstanding service, have a strong understanding of Associations like ours, are extremely professional at all times, and represent great value for money. I would recommend CM2 with confidence."

Ailsa Brotherton, former Honorary Secretary BAPEN

"We wanted to move our existing pdf style membership newsletter to a web-based e-newsletter. With this idea in mind, we went to the CM2 team who then worked with us on the best approach and right solution to meet our members needs of keeping up-to-date on topical issues. The end result was a simple to use, easy to view, easy to navigate newsletter - allowing us to seamlessly communicate both in a more effective and timely way with our PENG members. Furthermore, it looks great and utilises the latest web technology too."

Anne Holdoway, former Chair of PENG, and Kate Hall, Chair of PENG

To discuss your contract publishing requirements, please contact Faye on: 01920 449 128, or email: faye@cm-2.co.uk







Complete Media & Marketing Ltd

Page Croft Room, The Priory, High Street, Ware, SG12 9AD, UK **t:** +44 (0)1920 449 128 **e:** info@cm-2.co.uk **w:** www.nutrition2me.com











