

News from PENG

Welcome to the PENG column, bringing you the latest updates on our activities.

As we approach the end of 2022, PENG remains busy and truly inspired following our first face-to-face study day since 2019 in October, attending the BAPEN Conference at the end of November, and supporting the nutrition support research stream at the BDA Research symposium. All of these educational activities continue alongside our regular webinars, which are available free for PENG members and for non-members it's just a small registration fee. Please look out for ways to join by following us on twitter or Instagram: @bda_PENG.

PENG webinar series

In September, Committee Members Lisa Gemmal and Nicky Wyer, along with a panel of other dietetic clinical specialists, hosted *Parenteral Nutrition: A discussion of complex intestinal failure patients*. While intestinal failure (IF) is an intrinsically complex diagnosis, Lisa and Nicky presented a case study to a panel that had a number of additional complexities, including assessment of mental capacity and applications to the court of protection. This webinar and previous ones are available for members on the PENG and BDA website. Our next webinar and AGM will be in February 2023.

Study Day

We were thrilled to be back face-to-face to deliver an inspiring day on the Future of Nutrition Support Dietitians: Extended Roles and Advanced Practice which started with reviewing the context, systems, and development of enhanced and advanced practice within the NHS. We then heard from trailblazing dietitians working in advanced practice or with extended roles, such as a dysphagia; advanced practice dietetic role within endoscopy; the extended role of nasogastric tube placement on a stroke ward; advanced practitioner role within intestinal failure and supplementary prescribing. The day ended with the importance of - and how to - embed research into clinical practice, developing business cases for extended and advanced dietetic posts. We were delighted to offer this as a live stream option on the day and to have it available for purchase if you missed it and wish to learn more.

PENG Award

The PENG Award is a supportive educational grant, sponsored by Nutricia, Abbott and Fresenius Kabi, which enables the awardee to present their work at national level and attend the BAPEN Conference. This year's winners are Oscar Walton for *Cross-Sectional Study of Registered Dietitians' Perspectives on Training to Position Nasogastric Tubes*, Kathleen McGrath for *Putting the PENG 2018 refeeding syndrome guidance into practice* and Kirstine Farrer for *An innovative addition to the management of type 2 intestinal failure - chyme pump service evaluation*.

BAPEN

PENG is a Core Group of BAPEN, and we are pleased to have facilitated BAPEN's first prehabilitation symposium at the BAPEN Conference. This symposium focused on prehabilitation in oncology which has an emerging evidence base. It provides an opportunity for targeted nutritional, physical and emotional therapy to patients prior to treatment to optimise treatment tolerance and support patients into survivorship. The session took a dietary perspective, however included multidisciplinary team perspectives and explored national developments and frameworks.

We were also delighted to see BAPEN launch its strategy 2022-2027, which PENG were consulted on and look forward to supporting its delivery over the next 5 years.

Virtual HEF Group/Enteral Feeding

It's important to acknowledge that there's been a number of challenges for dietitians in accessing enteral feeding supplies, including oral nutrition supplements and ancillaries for our patients across both acute and primary care. At the start of this year PENG and BAPEN's BANS gathered some data on the extent of this problem which was initially reported through discussions on the PENG virtual home enteral feeding (HEF) Forum. A report of the findings is now available (<https://bit.ly/BAPREP22>) providing a summary of the extent of the problem and the significant risks to patient safety and increasing dietetic workload. PENG has continued working with BANS, BAPEN, other BDA specialist groups, BDA, DHSC, NHS England and patient bodies to highlight the risks that these ongoing shortages are causing and to try and find solutions to manage and mitigate these. We encourage all those working in enteral feeding to join the Virtual HEF group where this topic is discussed, and updates shared.

The Virtual HEF Group is keen to grow as a multidisciplinary forum for HEF so please encourage your local medical, nursing and AHP colleague to join, details on the PENG website (www.peng.org.uk/hcp-forums/hef-group.php).

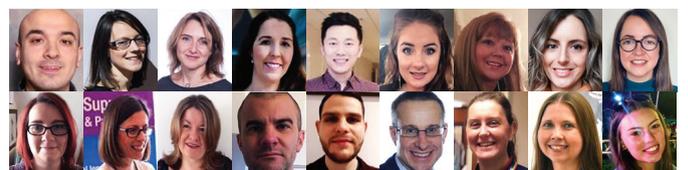
PENG Clinical Update Course

The Parenteral and Enteral Nutrition Specialist Group Clinical Update Course has been run annually for registered dietitians since 1985. In 1990 it was the first course to be accredited by the British Dietetic Association. In 2010 it was accredited at master's level by Queen Margaret University, Edinburgh. On successful completion delegates will be awarded with 20 masters credits from QMU. **Places for 2023 which will be delivered face to face are now open.**

Get in Touch

If you are a PENG member and would like to get more involved with PENG, please do get in touch: peng@bda.uk.com, @bda_PENG.

If you are not a member you can add PENG membership to your main BDA membership, and remember, if you are a **student member** of the BDA you are entitled to two **FREE** specialist group memberships, with all the above to offer why not join today!



2022 Committee Members: Bruno, Linda, Kate, Kate, Long, Ellie, Carole-Anne, Hayley, Helen, Rebekah, Alison, Alisa, Sean, Kostas, Peter, Lisa, Nicky & Rhiannon.