



**Dr Trevor Smith**  
BAPEN President

# An Update from BAPEN

As we begin the first year of BAPEN's new five-year strategy, I'm excited to welcome 2023. Whilst winter continues to be difficult for so many, I hope you managed to spend valuable time with loved ones over the Christmas period. Looking ahead to 2023, I am pleased to share upcoming projects and events to look out for.

## BAPEN Shadow Secretary vacancy

As you know, this is a very exciting time for BAPEN and its members. We have ambitious plans for growth in membership, reach, impact, knowledge, and longevity for BAPEN. A great part of this is that this role would enable you to be an integral part of pursuing and achieving these goals.

BAPEN is looking for candidates for the role of Shadow Secretary. The honorary position involves working alongside the current Secretary, Dr Dan Rogers. In this six-month period, the successful applicant will gradually take on more responsibility, leading to taking over as BAPEN Secretary for a three-year term. This senior position sits within the BAPEN leadership team and involves executive responsibility for membership, equality, diversity and inclusion, and monitoring of the implementation of our strategy.

The position is both vitally important and fulfilling so please consider applying by the **deadline of Friday 10th March**. Full details regarding the position and submission guidelines are available at: <https://bit.ly/shadow-secretary-position>. For those interested, it might be worth reading the current Secretary's interview piece here: <https://bit.ly/BAPENSecretary>.

## BAPEN Podcasts

When you're constantly on-the-go, it's sometimes difficult to find the time to access information that you would ordinarily want to hear. This rationale is part of the ever-growing appeal of podcasts. Episodes, varying in topics and lengths, can be listened to at a time that is convenient for you, making them perfect for those with a busy professional and personal life.

With this in mind, we are thrilled to announce the launch of BAPEN Podcasts. Hosted by Dr Anne Holdoway, the inaugural series of episodes will explore the British Intestinal Failure Alliance's (BIFA) top tips. Dr Holdoway will be joined by experts and authors of the top tips created by the BIFA Committee to help you improve the working of your clinical practice and the overall patient experience.

The first episode about managing high output stomas is already available, with more to follow shortly, so please have a listen. Whether you'd prefer to tune in via Spotify: <https://bit.ly/POD-SPOTIFY>, Apple: <https://bit.ly/POD-APPLE>, or directly from: [www.bapen.org.uk/bapen-podcasts](http://www.bapen.org.uk/bapen-podcasts), we've got you covered.



## Upcoming events

If you're looking to meet more people in your field or made the new year's resolution to sharpen your professional skillset, then 2023 is going to be a terrific year. We've got some exciting plans for hosting, endorsing, and collaborating with other likeminded organisations to help you engage with experts and up-to-date materials all year round.

Since we're always striving to provide more opportunities to learn, please take a look at the following upcoming events and, as always, keep an eye on BAPEN's social media channels to get the latest updates.

### Enteral Nutrition Study Day

On 16th March, there is a BAPEN-endorsed Enteral Nutrition Study Day. This practical and interactive course will develop your knowledge and skills in the management of patients who require enteral feeding. All clinical staff are encouraged to sign up for the chance to learn more about management of refeeding syndrome, chyle leaks, and much more. Secure your spot by visiting: <https://bit.ly/BAPENEnteralStudy>.

### Yorkshire & Humber Nutrition Network Meeting

Members from the Yorkshire & Humber region, and surrounding areas, will be excited to hear about the meeting scheduled for Tuesday 21st March. Registration for a day of learning and networking for the Nutrition and Intestinal Failure Team is now open. Reserve your spot for free here: <https://bit.ly/YorkshireHumberMeeting>.

### Save the dates for BAPEN Annual Conference 2023!

Drum-roll please... BAPEN's 2023 Conference dates are 28th and 29th November 2023, with the pre-Conference Teaching Day on 27th November. The Conference will be held at the EICC in Edinburgh, which I'm very excited for. Please do mark these dates in your calendars now and hopefully see many of you in Scotland!