



The Nutrition Society Launches its New Academy

The Nutrition Academy is a subscription-based platform that provides the tools needed to develop your nutritional science knowledge, enhance your professional skills and power up your career!

Developing critical appraisal skills, keeping up to date with the latest evidence-based research, and being able to clearly interpretate and communicate research findings are key skills for any nutrition professional.

As nutrition research and information continues to evolve, consumers are becoming more aware of the links between nutrition and health. At the same time, conflicting food and nutrition information in the media has flourished.¹ A recent study found that 40% of surveyed 18-75-year-olds were exposed to varying nutrition information, which led to increased confusion around nutrition recommendations and guidance.²

This can lead to a lack of confidence in the scientific evidence surrounding new or evolving topics and provide a barrier to integrating knowledge into practice. The same study reported that those exposed to conflicting information had a reduced trust in nutrition recommendations and research.²

Given the impact the lack of public trust in nutrition research can have on adherence to dietary guidelines and healthy dietary behaviors, the need for informed practice of nutritional science and skills has perhaps never been greater.

Dietitians and nutrition professionals have a key role to play in helping to translate nutritional science to both the public and other healthcare professionals. Continuing Professional Development (CPD) is therefore key to ensuring such professionals are kept up to date with the latest research, and is consequently a key reason for establishing the Nutrition Society Academy.

The New Nutrition Society Academy

Recognising the fast-paced nature of nutrition science, the Society's investment into its new Academy makes building and maintaining your CPD portfolio straight forward and cost-effective.

Monthly or annual subscription offers users:

- Access to new webinars and courses every month
- Confidence in your knowledge and skills, with content that is endorsed by the AfN.

From as little as £2 a month, you gain unlimited access to over 50 webinars and courses. By joining the Academy, you are joining a community of like-minded nutrition professionals, making it easy for you to engage and commit to your continued professional development (CPD) and your career.

COMMIT TO YOUR CAREER IN A COST-EFFECTIVE AND ACCESSIBLE WAY!



Category	Annual subscription (per year)	Monthly subscription (per month)
Student (member and non-member)	£50	£4.99
Low-Income Countries (member and non-member)	£20	£2
Nutrition Society member	£80	£7.99
Non-member	£100	£9.99

Scan to explore the platform

References: 1. Cade J, *et al.* (2019). The making of a nutrition professional: The Association for Nutrition register. *Pub Health Nutr.*; doi:10.1017/S1368980011003338. 2. Vijaykumar S, McNeill A, Simpson J. (2021). Associations between conflicting nutrition information, nutrition confusion and backlash among consumers in the UK. *Pub Health Nutr.*; 24(5): 914-923.

Events Calendar

Conferences

- **28-29 March – Scottish Section Conference 2023**
Diet, Health and Inequalities
Glasgow, Scotland
- **14-16 June – Irish Section Conference 2023**
Understanding the role of sex and gender in nutrition research
Athlone, Ireland
- **3-6 July – Summer Conference 2023**
Nutrition at key stages of the lifecycle
- **5-6 September – Nutrition Futures**
University of Glasgow

All information and registration deadlines can be found at:
www.nutritionandsociety.org/conferences/conferences

ALL Nutrition Society Events are CPD endorsed by the Association for Nutrition.