



News from PENG

Welcome to the PENG column, bringing you the latest updates on our activities.

Welcome to the first PENG column of 2023. We have another great year of educational and development opportunities available to support PENG members and the progression of the dietetic profession working in nutrition support. The MSc level PENG Clinical Update Course was fully booked by the start of February, with interested delegates now on a waiting list. This is the earliest it's been fully booked highlighting, we feel, an appetite for getting back to face-to-face learning. We are also scheduling regular webinars and our face-to-face study day events. All webinars are available free for members and non-members with a small registration fee, please look out for ways to join by following us on Twitter or Instagram: @bda_PENG.

Webinars & events

In February we had our first webinar of 2023 'Work it, Write it, Win it'. This was an opportunity to hear from the PENG 2022 Award winners who wrote an abstract and won £500 educational funding to attend and showcase their work at the 2022 BAPEN Conference in Brighton. We heard from Oscar Walton for *Cross-Sectional Study of Registered Dietitians' Perspectives on Training to Position Nasogastric Tubes*, Kathleen McGrath for *Putting the PENG 2018 refeeding syndrome guidance into practice* and Kirstine Farrer for *An innovative addition to the management of type 2 intestinal failure - chyme pump service evaluation*. A recording of the webinar is available on the PENG website. Please look out for your opportunity to submit your own abstract for the PENG 2023 Award and attend the BAPEN Conference in Edinburgh, 28th-29th November.

What's coming...

On Tuesday 18th April our Parenteral Nutrition (PN) Lead Lisa Gemmell will present the results of our PN competency survey in our webinar *Parenteral Nutrition Competencies: The past, the present and the future*. She will be joined by an expert panel of speakers - Kirstine Farrer, Alison Culkin and Nicky Wyer - who will also present relevant case studies. If you are interested in joining a working group on EN or PN competencies, please do get in touch as we hope to get valuable work started on this later in the year.

We are delighted to be working collaboratively with the Critical Care Specialist Group, and in June hope to run a joint half-day webinar, so please follow our social media channels @BDA_PENG for more information on this later this spring.

We are currently planning our study day for October 2023 where, following feedback, we will have a focus on 'enteral nutrition and home enteral feeding'. More details and dates will be confirmed later in the year. If you missed our study day last year, *Future of Nutrition Support Dietitians: Extended Roles and Advanced Practice*, the live stream is now available to purchase for both non-members or a department and PENG members from the BDA shop website.

ESPEN Award

We are delighted that PENG are going to be providing the opportunity for a PENG member to **win a place to attend ESPEN Congress**, 11th-14th September 2023, in France. To be in with a chance to win you must be a PENG member and have submitted an abstract to ESPEN Congress by 10th April. Please see the PENG website for more details. This is an amazing opportunity to support and encourage PENG members to submit their research and to attend an international conference.

Virtual HEF Group

The Virtual HEF Group remains a very active forum for enteral feeding questions and support. The group is always keen to grow as a multidisciplinary forum for HEF, so please encourage your local medical, nursing and AHP colleague to join, details on the PENG website: www.peng.org.uk/hcp-forums/hef-group.php

ONE Big thank you

A thank you to **Carole-Anne Fleming** who steps down after over 20 years of volunteering for PENG.



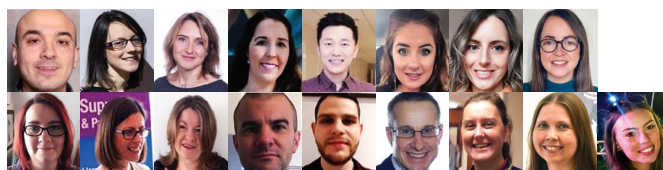
Benefits of PENG membership

- FREE BAPEN membership
- Access to regular FREE educational webinars live and recorded
- Opportunity to win a FREE place on the award winning MSC Clinical Update Course
- Discounted PENG Pocket Guide to Clinical Nutrition
- Discounted price of annual study days
- Opportunity to win one of 3x £500 educational awards to present your work at BAPEN Conference
- NEW 2023 opportunity to win £1,000 education award to attend ESPEN Congress
- Bursaries to attend BDA Research Symposium
- Support with research applications
- BDA students members can choose as part of their 2 FREE specialist group membership.

If you are a member of the British Dietetic Association (BDA) you can add PENG specialist group membership to your main BDA membership. Remember if you are a **student member** of the BDA, you are entitled to two **FREE** specialist group memberships, with all the above to offer why not join today!

Get in touch & get involved

If you are a PENG member and would like to get more involved with PENG, please do get in touch: peng@bda.uk.com, @bda_PENG.



2023 Committee Members: Bruno, Linda, Kate, Kate, Long, Ellie, Hayley, Helen, Rebekah, Alison, Alisa, Sean, Kostas, Peter, Lisa, Nicky & Rhiannon.