



#CNselfie

competition

Terms & Conditions

- Readers are asked to share/submit a photo of them reading an issue of CN Magazine (in-print or digital). Readers can send their photos to us by:
 - Emailing a photo to info@cm-2.co.uk with the subject line: **#CNselfie**
 - Tagging **CN Magazine** into a photo post via **Twitter: (@CNmagazines)**, **Facebook: (@CNMagazines)**, **Instagram: (@cnmagazines)** and **LinkedIn: (CN Mag)** with the hashtag: **#CNselfie**.
- Each month's competition draw closes on the 1st of the month. The #CNselfie competition includes a total of six draws, and they will close on the following dates: 1st July 2023; 1st August 2023; 1st September 2023; 1st October 2023; 1st November 2023. All entries will rollover into each month's draw, until the final draw on 1st December 2023. Only one winner will be selected for each month's draw. All entries may be shared across both CN print and digital issues, along with all associated CN products (e.g. CN e-news, www.nutrition2me.com) and via our social media channels.
- Other terms of entry:
 - The competition is being conducted by Complete Media & Marketing Limited (CM2), publishers of CN Magazine.
 - #CNselfie Competition entry commences from 1st June 2023.
 - No purchase necessary. Competition is free to enter.
 - The prizes – 5 x £50 voucher of your choice and 1 x £150 voucher of your choice - is non-transferable and, therefore, cannot be exchanged for cash alternative.
 - Competition is open to all CN readers aged 18 or over, other than employees of Complete Media & Marketing Limited (CM2).
 - Up to six entries per person.
 - By submitting a photo, you are agreeing for the image to be published in CN Magazine, CN e-news, our website (www.nutrition2me.com), and posted across our social media platforms: Twitter (@CNmagazines), Facebook: (@CNmagazines), Instagram (@cnmagazines), LinkedIn (CN Mag).
 - The photo must be your original work.
 - You must be the sole author and owner of the copyright of all images/photos entered.
 - CM2 does not accept any liability for the publication of unlawfully reproduced images.
 - CM2 takes no responsibility for corrupted or late entries.
 - By entering your image, you grant CM2 the non-exclusive right to reproduce it for any purpose at any time through other associated CN products, namely: CN Magazine, CN Focus Magazine, CN e-news, CN e-shots, www.nutrition2me.com, CN Magazines Twitter (@CNmagazines), Facebook: (@CNmagazines), Instagram (@cnmagazines), LinkedIn (CN Mag) pages.
 - All #CNselfie Competition winners' consent to the use of their submitted photo/image and name in any publicity carried out by CM2 without further compensation.
 - If you have submitted your photo entry via Twitter, Facebook or Instagram you may be required to resubmit your photo via email for quality purposes.
 - You will be contacted directly via the method you submitted the photo entry if a successful winner - email, Twitter, Facebook and Instagram.
 - CM2's decision on all matters relating to the competition is final. No correspondence will be entered into.
 - Final #CNselfie Competition closing date is 1st December 2023, 23:59 GMT (UK).
 - All our prize draws and competitions will be governed by English law and entrants to the prize draw submit to the jurisdiction of the English courts.