

News from PENG

Welcome to the PENG column! This year we have hosted three evening webinars, delivered the MSc Clinical Update Course and provided educational awards/bursaries to attend ESPEN Congress, the Clinical Update Course and the BDA Research Symposium. Plus, we've just hosted the PENG Study Day and the BAPEN Conference is imminent. A very busy year so far!

All evening webinars are available free for members, with a small registration fee for non-members. Please look out for ways to join PENG and get involved, and don't forget to follow us on X (formerly Twitter) or Instagram: @bda_PENG.

Recent events

In October PENG hosted our annual study day. This year's programme was on 'Enteral Nutrition' (EN), with a focus on complex EN, covering issues across the acute and community settings. The day started with making the decision to place an enteral feeding tube and the role of the multi-disciplinary team (MDT), and the programme included expert speakers discussing the type of tubes to consider, monitoring EN and ethical issues relating to commencing and discontinuing EN. We heard about developing services and roles, including community nasogastric (NG) services, patient support groups and dietetic support workers. We were delighted also to have representation and a patient ambassador from PINNT - a support & advocacy group for people on Home Artificial Nutrition (HAN) - to share their experiences on living and travelling with EN.

In September our Student Committee Member, Rhiannon Bullen, hosted our first student targeted webinar on EN. This event received a record number of registrations and resulted in a great discussion and Q&A session. Its success highlights the benefits of having a student member on the Committee and we look forward to the next student committee member influencing future student educational opportunities and much more.

What else is in store

As this edition reaches you, PENG will be preparing for the BAPEN Conference (Edinburgh, 28-29th November). As a Core Group of BAPEN, PENG is involved with, and supports, many activities at BAPEN Conference. The PENG Symposium this year is on the topic of jejunostomies and jejunal feeding. We are also co-hosting the symposium on 'Blended Diet' with British Society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN). We will be awarding the PENG Award, 3 x £500 educational awards supported by Fresenius Kabi, Abbott and Nutricia, for the top scoring PENG member abstracts submitted for BAPEN Conference. This year two of these awards have been granted to BAPEN Conference first authors who have not previously had an abstract accepted at BAPEN Conference. We look forward to seeing the award-winning abstract presentations and also the posters in Edinburgh from all those that successfully submitted to BAPEN Conference.

The final event on the PENG calendar will be BDA Research Symposium on 6th December in Birmingham. PENG will be hosting the nutrition support stream. The symposium is an opportunity to present any research audits, service improvement and research in a really supportive setting and get published in the BDA *Journal of Human Nutrition and Dietetics*.

Congratulations

The PENG Committee relies significantly on the contribution from our voluntary Committee. Congratulations to two of our Committee members - Long Li and Bruno Mafri - who have recently received 2023 CN Awards for Social Media Personality of the Year and CN Writer of the Year.

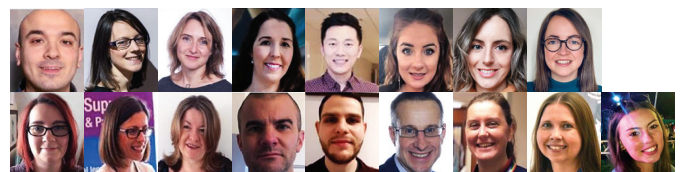
Get in touch, get involved

We have a vacancy arising for Research and Audit Lead, this is a great opportunity to raise the profile and support research and audit activities, such as the PENG Award, ESPEN Award and the BDA Research Symposium, to the membership. If you are interested in this, or would like to consider an Ordinary Committee role please contact us at: peng@bda.uk.com, @bda_PENG.

If you are not a member you can add PENG membership to your main BDA membership, and remember if you are a **student member** of the BDA you are entitled to two **FREE** specialist group memberships. With all the above to offer, why not join today!

Benefits of PENG membership

- FREE BAPEN membership
- Access to regular FREE educational webinars live and recorded
- Opportunity to win a FREE place on the award-winning MSc Clinical Update Course
- Discounted PENG Pocket Guide to Clinical Nutrition
- Discounted price of annual study days
- Opportunity to win one of three £500 educational awards to present your work at BAPEN Conference
- Opportunity to win £1000 education award to attend ESPEN Congress
- Bursaries to attend BDA Research Symposium
- Support with research applications
- BDA students members can choose PENG as 1 of their 2 FREE BDA Specialist Group memberships.



2023 Committee Members: Bruno, Linda, Kate, Kate, Long, Ellie, Hayley, Helen, Rebekah, Alison, Alisa, Sean, Kostas, Peter, Lisa, Nicky & Rhiannon.