

# News from PENG

Welcome to the PENG column with the latest updates as we continue our 40<sup>th</sup> birthday celebrations. PENG is celebrating with a large variety of educational and award opportunities through online and face-to-face events. Many events are collaborations with different specialist groups, exploring the nutrition support complexities through a range of clinical conditions within various settings.

Our highlight event will be our two-day study day and *Birthday Party* social evening, all in the fantastic city of Liverpool. Come and join us for either days event, the evening social and/or all. It will be a wonderful opportunity to celebrate all the achievements that you as PENG members and friends have made over the past 40 years, and pave the way for the next 40 years.

You will find information about these events and more in this column, but for more updates please follow us on social media on X or Instagram: @bda\_PENG.

## Recent events

On the 30<sup>th</sup> April, PENG delivered its first lunchtime webinar. This was our first birthday collaboration with the Mental Health Specialist Group. It covered eating disorders, feeding under restraint, and managing ARFID in the acute setting. An eating disorder diagnosis can occur alongside or be masked by other clinical conditions requiring nutrition support. Therefore, regardless of your area of expertise, understanding this condition and its management is essential for all dietitians.

As this edition of CN comes to you, PENG will be delivering its second half-day online study morning on the 11<sup>th</sup> of June. This year in collaboration with the Obesity and First Contact specialist groups of the BDA. This study morning is entitled Bariatric Tourism and Nutrition Support, and will explore the management of nutrition support complications in patients living with obesity, following bariatric surgery, and also potential complications that can arise both in the acute and community settings.

If you missed either event, they will be FREE for all PENG and collaborating specialist group members to catch up with online.

## What else is in store

This year, our annual face-to-face study day will be on Thursday 26<sup>th</sup> and Friday 27<sup>th</sup> September. We are delighted to announce that we have secured a stunning award-winning venue, The Spine. This venue boasts panoramic views across Liverpool and will be a breathtaking location to spend two days showcasing complex nutrition support issues in parenteral and enteral nutrition spanning the acute and the community settings. We will be collaborating with the BDA Maternity & Fertility specialist group on nutrition support in pregnancy, with the Paediatric specialist group on transitioning from paediatric to adult care and the Oncology group and Critical Care specialist group exploring the surgical oncology patient.

We are also inviting nominations from colleagues/team that demonstrate excellence in nutrition support across the four pillars of advanced practice. These awards are in celebration and recognition of the advances to PENG and to the dietetic profession made by the late Vera Todorovic and Ann Micklewright. Please see the PENG website for details of how to nominate you and/or colleague. Winners will receive two-day registration, expenses and a ticket for the social event. Early bird tickets are now available until 19<sup>th</sup> July at reduced rates for PENG and collaborating specialist groups; only £30, £50 for either one or two days, respectively!

There will also be an evening social – 40<sup>th</sup> Birthday Party – on Thursday 26<sup>th</sup> September at another fabulous Liverpool venue *Oh Me Oh My* along the waterfront, again offering you the opportunity to experience this fabulous city by the iconic Albert Docks and the Liver Buildings. There will be delicious food, cake,

music and more to celebrate a great night together. We hope that you will be able to join us. Please see the PENG website and BDA events calendar for details to book on all our events.

## PENG award

The annual PENG Award is now open! Closing date 1<sup>st</sup> July. These are three £500 sponsored educational awards for PENG members available to present your abstract at the BAPEN Conference. To apply, submit your abstract to BAPEN Conference 2024 and select PENG Award.

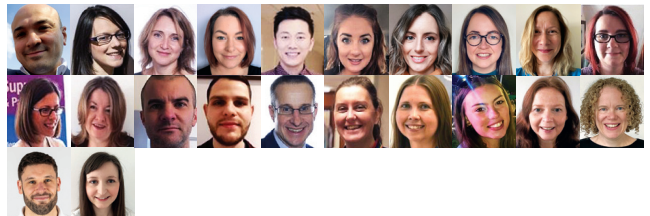
## Clinical update course

We are delighted to announce that given the high demand for the PENG Clinical Update Course, and to increase its accessibility, there will be a blended course in January 2025. This will include a three-day online programme and one day face-to-face clinical skills day in Birmingham. Registration for this will be opening shortly, so please sign up your interest on the waiting list today.

There really is no better time to be a PENG member with access to many free or discounted educational events along with the opportunity to nominate and/or apply for various awards.

## Remember benefits of PENG membership:

- **FREE BAPEN** membership
- Access to regular FREE educational webinars live and recorded
- Opportunity to win a FREE place on the award-winning MSc Clinical Update Course
- Discounted PENG Pocket Guide to Clinical Nutrition
- Discounted price of annual study days
- Opportunity to win one of 3x £500 educational awards to present your work at BAPEN Conference – *Applications now OPEN*
- Opportunity to win £1000 education award to attend ESPEN Congress – *2024 applications now closed*
- Bursaries to attend BDA Research Symposium
- Support with research applications
- **BDA students members** can choose PENG as part of their **2 FREE specialist group** memberships.



**2024 Committee Members:** Bruno, Linda, Kate, Kira, Long, Ellie, Hayley, Helen, Anna, Rebekah, Alison, Alisa, Sean, Kostas, Peter, Lisa, Nicky, Rhiannon, Kristine, Melanie, Dan & Jenny