

2024 CN Awards The Winners



The CN Awards recognises excellence & achievement in clinical, medical & health nutrition, and acknowledges the nutrition industry as a whole – individuals, groups and organisations that have gone above and beyond, making a positive contribution and significant difference to the nutrition profession.

Here we reveal our 2024 CN Award winners...

🎯 Nutrition Resource of the Year

ZG Nutrition's Nutrition Jobs Board

Zoe Griffiths, Registered Nutritionist (Public Health), ZG Nutrition

"I am absolutely delighted to have won the CN Award for Nutrition Resource of the Year for my Nutrition Jobs Board. I am well known in the nutrition profession for supporting those starting out their careers in nutrition and I am always trying to find new ways to help. I started the jobs board to have a central place for nutritionists to find all the jobs that I post on social media. It has been hugely popular, and I am very proud to say that it has helped hundreds of nutritionists to find jobs in the year since it launched.

Thank you so much to all the CN Readers who voted for me. I am so grateful to be part of such a supportive profession.

The jobs board can be found at: <https://zgnutrition.co.uk/jobs/>



🎯 Social Media Personality of the Year

Charlotte Radcliffe

Director & Registered Nutritionist, The Nutrition Consultant Ltd

"I am absolutely thrilled to have won the 2024 CN Social Media Personality of the Year Award!

This award means so much to me, especially because it was voted for by my fellow nutrition peers.

A heartfelt thank you for the nomination and votes, and a big shoutout to the other finalists who do such inspiring work.

Maintaining a professional presence on social media can be challenging, but I find it really rewarding to help others navigate evidence-based nutrition in this way. Dispelling myths and misunderstandings feels like a worthwhile use of time and also enhances my understanding of the everyday nutritional challenges people face. If you're not already using social media professionally, I'd really encourage you to give it a go.

This award is a wonderful boost and will keep me motivated to continue pushing forward. Thank you so much!"

🎯 Student of the Year

Laura Williams

Student Dietitian, University of Nottingham

"I am immensely proud to have been selected as CN's Student of the Year. This achievement could not have happened without all the incredible support I've received from lecturers, colleagues, friends, and family throughout my time at the University of Nottingham – to them I am most grateful. I feel inspired and committed to continue making a meaningful impact in the field of nutrition and dietetics, and I am hugely excited to see how the next few years will unfold."



🎯 New Product of the Year

Fortisip PlantBased 1.5 kcal

Nutricia – www.nutricia.co.uk/hcp/pim-products/fortisip-plantbased-15kcal.html

"All of us at Nutricia are delighted that Fortisip PlantBased 1.5kcal has won the 2024 CN award for New Product of the Year. We have an ongoing commitment to provide life-transforming nutrition for patients at key moments throughout their lives, and continuously provide support for patients and their families through innovative solutions.

Fortisip PlantBased 1.5kcal has been formulated to support the nutritional needs of patients with disease-related malnutrition. It is suitable for a wide range of cultural requirements, including vegan, halal*, kosher**, and for patients attentive to sustainability.

We would like to extend our thanks to every CN reader who voted for Fortisip PlantBased 1.5kcal for this award, and are proud that we are able to bring products like this to market to support the nutrition, dietetic community and our patients."

Elizabeth Leversha, Brand Manager – Adult Oral, Nutricia

Fortisip PlantBased 1.5kcal is a Food for Special Medical Purposes for the dietary management of disease related malnutrition and must be used under medical supervision. *Certified by the Halal Food Council of Europe. **Nutricia has Kosher approval for this product.



The Geoff Simonnett 'Commitment to Patient Care' Award

Kindly sponsored by Nutricia Homeward

Ghislaine Swinburn

Primary Care Network Dietitian, Bristol Inner City PCN, Bristol

"I am absolutely delighted to win the 2024 Geoff Simonnett 'Commitment to Patient Care' Award, and would like to express my thanks to all the wonderful CN readers who took the time to vote for me.

Winning this award is fantastic, however the real win for me is raising the profile of nutrition in the homeless population.

My new and innovative role as an FCP Primary Care Network dietitian has afforded me the opportunity to work in an area which is poorly served by dietetics and with patients who are some of the most disadvantaged within our society.

This work is gathering pace and resulted in a new Nutrition Subgroup within Pathway UK Homeless & Inclusion Health.

None of this would have been possible without the wonderful support of Bristol Inner City PCN and the Team at the Homeless Health Service."

Kindly sponsored by Nutricia Homeward

"Congratulations to Ghislaine Swinburn from all the Nutricia Homeward Team, we are delighted she is the winner of the 2024 Geoff Simonnett Award for her commitment to patient care.

Ghislaine identified that malnutrition screening for the homeless and substance misuse population in her PCN via 'MUST' was often inaccurate and under-reported, with nutritional advice and care being inconsistent or lacking. She recognised that professionals caring for this patient group were unsure how best to provide nutritional support.

Ghislaine has designed a specific protocol for this complex patient cohort, allowing herself and her colleagues to provide a high-quality nutritional service for the PCN population, as well as developing a template to be used in ICB's electronic patient record system to help identify malnutrition. This will be available to all NHS and community partners across the UK who care for this patient group, to improve nutritional care.

Healthcare professionals trained by Ghislaine have increased their confidence to identify and manage malnutrition within the homeless population of central Bristol.

Ghislaine has seen positive clinical outcomes for these patients, her long-term aim is to influence food provision to improve the nutritional intake of this patient group, providing quick, easily prepared, nutritious meals."

The Nutricia Homeward Team – www.nutriciahomeward.co.uk



🎯 Community Nutrition Professional of the Year

Kindly sponsored by Abbott

Helen Beagan

Home Enteral Feed Specialist Dietitian, Sheffield Teaching Hospitals NHS Foundation Trust

"I am absolutely honoured to accept this award for 'Community Nutrition Professional of the Year' 2024. I would like to thank Keziah Roberts, Dietetic Apprentice, for her nomination and all those who have supported me with their votes. Congratulations to the other very deserving nominees who were shortlisted in this category. I am very proud to work with an excellent team in the Dietetic Service at Sheffield Teaching Hospitals NHS Foundation Trust. It has been wonderful to be a part of the development of our Home Enteral Feeding (HEF) service over the years to improve the support available to adults in our local community on enteral feeding. I would also like to thank everyone on the BDA PENG committee who I have loved working alongside for the last 2.5 years. I have valued the opportunity to support the planning of lots of exciting events, projects and developments in nutrition support. Finally, thank you to all the patients who I have had the privilege of caring for and learning from over the last 7 years! I am very proud to be a HEF Dietitian!"

A big congratulations to Helen, on her commitment to delivering exceptional patient care in the field of nutrition."

Rebecca Stevenson, Medical Director, Abbott's Nutrition business – www.nutrition.abbott/uk



Kindly sponsored by Abbott

"Abbott is delighted to recognise Helen Beagan, voted this year's winner of the Community Nutrition Professional of the Year by Complete Nutrition readers. Helen has made a significant contribution to the field of nutrition during her career in dietetics to date.

Helen has been actively involved in various initiatives, including 'ENPLUG', and consistently champions improvement in nutritional care and education. She maintains a patient-centric approach to ensure the best possible nutritional outcomes for patients.

A big congratulations to Helen, on her commitment to delivering exceptional patient care in the field of nutrition."

Rebecca Stevenson, Medical Director, Abbott's Nutrition business – www.nutrition.abbott/uk



CN Writer of the Year

Kindly sponsored by Nutrinovo

Michelle Barry

Specialist Home Enteral Feed Dietitian & Clinical Information Lead, Gloucestershire NHS Foundation Trust

"I'm quite stunned if I'm honest, but also feel really grateful and proud of this personal and professional milestone. Life threw a few curveballs over the last 18 months, and I have found so much enjoyment and triumph in writing these articles. Thank you so much to CN for providing this platform and to Nutrinovo for sponsoring this Award. And thank you to my husband for doing the housework while I was too busy writing to do so! My aspiration is that this award not only serves as an acknowledgment of past achievements but also as an inspiration for future endeavours. The CN team are just so wonderful to work with and I hope I can continue on this journey with them."

Michelle has become an established dietetic writer in recent years, and was shortlisted by the publishers of CN Magazine after writing two comprehensive articles focused around best practice in enteral feeding. Michelle drew upon her extensive experience when penning these insightful pieces, to provide readers with high quality, evidence-led information that can be easily applied to day-to-day practice whilst supporting patients being fed via an enteral feeding tube.

As a clinical nutritionist who provides itself on innovation in both enteral and oral nutrition, and also values the importance of providing evidence-based educational materials, it gives us great pleasure to be able to congratulate Michelle on this excellent and very well-deserved achievement."

The Nutrinovo Team – <https://nutrinovo.com/>



🎯 Clinical Nutrition Professional of the Year

Kindly sponsored by Baxter

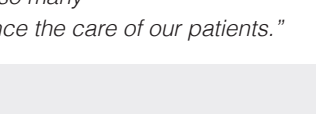
Dr Nicky Wyer

Dietetic Clinic Lead – Nutrition Team, University Hospitals Coventry and Warwickshire (UHCW) NHS Trust

"I am absolutely delighted to have won the CN Award for Clinical Nutrition Professional of the Year 2024!! A massive thank you to everyone who voted for me following the lovely nomination from Laura Woodend. I am very proud to work with such an amazing dietetic team and wider nutrition MDT, none of my achievements are mine alone. So, a big thank you for all the support, hard work and shared vision from so many people around me at UHCW NHS Trust, to continually drive our ongoing service developments to enhance the care of our patients."

Baxter are pleased to extend a huge congratulations to Dr Nicky Wyer for winning the Clinical Nutrition Professional of the Year Award. Her commitment to innovation for her intestinal failure patients is inspiring, creating a gold standard service in calculating patient's nutritional requirements. Additionally, her constant desire to upskill, and active involvement in clinical groups is a testament to her dedication to excellence for her patients and colleagues."

Charlotte Carpenter, Product Manager – Clinical Nutrition UKI, Baxter Healthcare – www.baxterhealthcare.co.uk/



Sustainability Initiative Award

Kindly sponsored by Nutricia Flocare - www.nutriciaflocare.com/Flocare2020/index.php

Faith Toogood

Critical Care Dietitian, Royal Cornwall Hospitals NHS Trust

"What a wonderful surprise! I am absolutely delighted to win this award and so grateful to everyone who voted for me within this category. I was up against some brilliant competition, so even to be shortlisted was wonderful. The project has been, and still is, a huge amount of fun but also a lot of work, so an award like this goes a long way towards making it all totally worthwhile. Thanks again so much."



🎯 Paediatric Nutrition Professional of the Year

Kindly sponsored by Fresenius Kabi

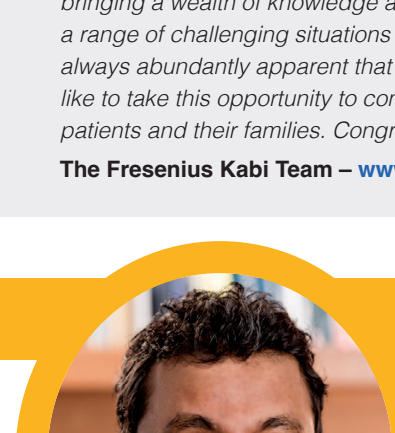
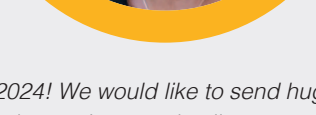
Sue Love

Paediatric Dietitian, University Hospitals Plymouth NHS Trust

"I am in a very privileged position that I have a job that I love doing with the best paediatric dietetic team that I could wish for. I was very honoured to be nominated in the first place but to win and be recognised by others for what I do was the icing on the cake."

Fresenius Kabi are delighted to have sponsored the CN Paediatric Professional of the Year Award for 2024! We would like to send huge congratulations to Sue Love, this year's winner. We recognise the significant impact that she has had on her patients and colleagues, particularly as a mentor as she works to positively shape the future workforce. Sue is an exceptional member of the dietetic profession bringing a wealth of knowledge and experience to many specialities including allergy, diabetes and metabolics. In addition, Sue manages a range of challenging situations as the Safeguarding Lead for University Hospitals Plymouth NHS Trust. Her colleagues note that it is always abundantly apparent that Sue has such genuine care for the wellbeing of her patients. We would like to take this opportunity to commend Sue for her ongoing commitment to supporting paediatric patients and their families. Congratulations from everyone at Fresenius Kabi!"

The Fresenius Kabi Team – www.fresenius-kabi.com/gb



Outstanding Achievement

Kindly sponsored by Yakult

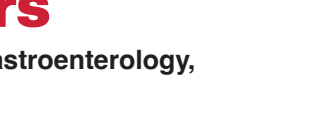
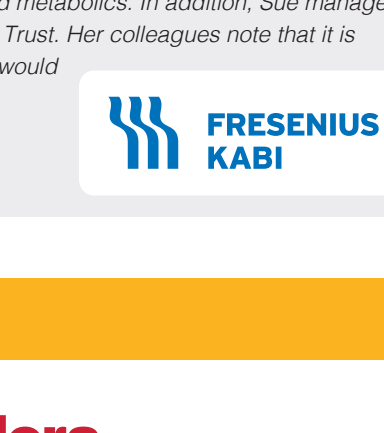
Professor David Sanders

Consulting Gastroenterologist, Academic Unit of Gastroenterology, Royal Hallamshire Hospital

"Thank you so much for this award it is wonderful to be recognised by the CN readers and to know that the GI dietetic community took the time to vote for me is humbling."

We are thrilled to support the 2024 CN Award for 'Outstanding Achievement' and to celebrate this year's winner... Professor David Sanders! As a Professor of Gastroenterology, an NHS consultant, and Chair of the Coeliac UK Health Advisory Committee, David has made transformative contributions to the field of gastroenterology. He is widely recognised not only for his remarkable professional achievements but also for his enthusiasm, support, and kindness. Yakult Science is dedicated to providing evidence-based insights relating to the gut microbiome and we are very delighted to present this award to such a deserving and influential candidate. Congratulations David! We look forward to seeing how you continue to shape and strengthen the future of gastroenterology!"

The Yakult Team – www.hcp.yakult.co.uk/



Congratulations

to all the 2024 CN Award winners and compliments to all those that were shortlisted.

The CN Team would like to THANK everyone who has been involved in this year's Awards – sponsors, nominators, nominees and all the readers of CN Magazine. Your combined support is what makes the CN Awards so successful year-on-year.

The CN Awards are your Awards to recognise your profession.

Kindly sponsored by...

