

News from PENG

Welcome to the PENG column providing the latest updates as we celebrate our 40th Anniversary with an educational event and social evening in Liverpool this September. Come and join us to celebrate all the achievements that you as a PENG members, dietitians and colleagues have made over the past 40 years! You will find more information about this event and others in this column, but for further updates, please follow us on X or Instagram: @bda_PENG.

Recent events

In June, PENG collaborated with the Obesity Specialist Group and First Contact Practitioner Specialist Group of the BDA to deliver a half-day online study day on bariatric tourism and nutrition support complications. This was an exciting morning challenging current weight stigma and biases. It included a review of current practice for screening for malnutrition in patients living with obesity, understanding different bariatric surgeries and their long-term nutritional implications, exploring how dietitians in primary care can support patients who have undergone bariatric surgery, in particular abroad, as they may lack specialist follow up, and also a case study of managing post bariatric surgery complications within critical care. If you missed this study morning and are a PENG or a collaborating specialist group member, you can catch up on this online via the BDA website.

What else is in store...

Annual Study Day

Our annual face-to-face study day is on Thursday 26th and Friday 27th September at The Spine, Liverpool. These two days are a unique collaboration with five BDA specialist groups at a fabulous venue with panoramic views across Liverpool; a deserving location to showcase a series of complex nutrition support issues in parenteral and enteral nutrition and, importantly, to network and learn from each other. Thursday will commence with a collaboration with the Maternal and Fertility Specialist Group. We will explore enteral and parenteral nutrition in pregnancy, including the nutrition support management of hyperemesis and how to support successful pregnancy for those requiring enteral or parenteral nutrition. The afternoon will showcase and share examples of excellence in nutrition support across the four pillars of advanced practice, including education, research, leadership and clinical practice to highlight and support innovations and best practice nationally.

Friday will include a collaboration with the critical care and oncology specialist group, which will follow the journey of a surgical oncology patient from prehab, managing critical care complications, the step down to ward level and discharge and, finally, managing and living with the new 'normal' on parenteral, enteral and/or oral nutrition support. We will finish with a collaboration with the Paediatric Specialist Group and the charity PINNT to explore the challenges and opportunities in achieving excellent transition from paediatric to adult care for patients living with enteral or parenteral nutrition.

These two days are not to be missed and we look forward to welcoming you to Liverpool and also celebrating our 40th anniversary.

On Thursday evening 26th September there will be a 40th anniversary party, social event at *Oh Me Oh My* along the waterfront, providing you with the opportunity to experience this fabulous city by the iconic Albert Docks and the Liver Buildings. Please see the PENG website and BDA events calendar for details on how to book onto all our events.

Student webinar

In October, we will collaborate with dietetic students and BAPEN to deliver a webinar exploring malnutrition, hydration and its impact on physical health. This will be an important platform to support UK Malnutrition Awareness Week 2024, 11th-17th November.

Clinical Update Course

Given the high demand for the PENG Clinical Update Course, and to increase its accessibility, there will be blended course in January 2025. This will include a three-day online programme and one day face-to-face clinical skills day in Birmingham. Registration for this is now open via the PENG website.

If you are not a member, you can add PENG membership to your main BDA membership, and remember if you are a student member of the BDA you are entitled to two FREE specialist group memberships, with all the above to offer why not join today.

Benefits of PENG membership

- ***NEW* FREE Electronic Version of PENG Pocket Guide to Clinical Nutrition 5th ed** – launching this month!
- **FREE BAPEN** membership
- Access to regular FREE educational webinars live and recorded
- Opportunity to win a FREE place on the award-winning MSc Clinical Update Course
- Discounted PENG Pocket Guide to Clinical Nutrition
- Discounted price of annual study days
- Opportunity to win one of 3 x £500 educational awards to present your work at the BAPEN Conference – *applications now closed for 2024*
- NEW 2023 opportunity to win £1000 education award to attend the ESPEN Congress – *applications for 2025 will open soon*
- Bursaries to attend the BDA Research Symposium – *applications closed for 2024*
- Support with research applications
- BDA student members can choose PENG as part of their 2 FREE specialist group memberships

2024 Committee Members: Bruno, Linda, Kate, Kira, Long, Ellie, Hayley, Helen, Anna, Rebekah, Alison, Alisa, Sean, Kostas, Peter, Lisa, Nicky, Rhiannon, Kristine, Melanie, Dan & Jenny

