

## **British Pharmaceutical Nutrition Group**

# Welcome to the First BPNG Update of 2025



**Priya Mistry,** Chair of BPNG, Consultant Pharmacist

The team have a busy year ahead, with fantastic CPD opportunities. Before I continue to share our plans for 2025, I would like to thank everyone for attending the BPNG symposium at the BAPEN Annual Conference in Gateshead, on Sustainability and Nutrition Support. We were lucky to have 3 great speakers which generated great audience participation. The presentations are available to those who attended the Conference on the BAPEN website.

Also, many congratulations to Amy Phipps and the team from University Hospital Bristol and Weston, for winning the BPNG Abstract Competition. The prize included BAPEN Conference registration fees and contribution towards travel and hotel costs.

### Pabrinex® shortage

Last year the BPNG team produced a position statement related to Pabrinex® shortage. The position statement focused on the use intravenous thiamine preparations to manage the prevention of refeeding syndrome. Most trusts had to resort to purchasing unlicensed intravenous thiamine preparations to manage this product shortage. Pabrinex® Intramuscular injection has now been discontinued. Pabrinex® Intravenous injection remains unavailable, however there are now licensed preparations of thiamine injection and vitamins B+C intravenous high potency concentrate available on the UK market. For patients with intestinal failure, an intravenous dose of thiamine 200-300 mg (depending on ampoule size) once daily for 3 days (or 5 days for high-risk patients) continues to be advised. See the document on BPNG website: www.bpng.co.uk/ resources/pabrinex-shortage-guidelines. Supply problems related to other micronutrient preparations continue to be a major issue. It can be a challenge to find suitable alternatives as these preparations may be unlicensed in the UK or not classed as a medicine. Product details are not always readily available in the British National Formulary or Electronic Medicines Compendium. Please liaise with your local pharmacy procurement team or medicines information service for advice on alternatives.

## Events

The BPNG team will be back at the Clinical Pharmacy Congress South 2025, London. Once again, we have organised an exciting line up of presentations. On Friday 9 May 2025, we have a clinical case presentation following a parenteral nutrition bag from the aseptic unit to the patient bedside. Our second presentation on Saturday 10 May 2025, provides an overview of type 1 intestinal failure, common causes and management. Please do visit the BPNG stand and meet the team. These events are an excellent opportunity to reach the wider clinical pharmacy community and share knowledge in a non-specialist forum. We also plan to be back in Manchester for Clinical Pharmacy Congress North in November 2025.

We are excited to announce our 2 key face-to-face events of the year. Our Advanced Course is planned for 14 May 2025 in Birmingham. The agenda is aimed at the more advanced practitioner in nutrition support and will include the opportunity to gain hands-on experience in clinical assessment skills. Fundamentals in Parenteral Nutrition has been rescheduled for October 2025 in Birmingham. This single-day event is aimed at those new to parenteral nutrition, covering key aspects such as nutritional assessment, monitoring, formulation stability, for adult and paediatric patient groups. Please check our events page for details on how to register: www.bpng.co.uk/events.

Our next **AGM** is being planned for **July 2025**. This will be an online event and accompanied by a free webinar. Details will be emailed to our members and posted on our website once confirmed. We hope to see you there.

### Join BPNG

The BPNG team continue to promote the role of the pharmacist in nutrition support. We are keen to support pharmacy staff and other healthcare professionals in specialist roles related to nutrition support. Membership is only £25/year and open to all levels of experience and provides access to member resources and webinar recordings. As the BPNG is a Core Group of BAPEN, you are also able to sign up for free BAPEN membership. Please do join our group to access these benefits. Membership details available at: **www.bpng.co.uk**, or contact us via: **www.bpng.co.uk/contact** if you have any questions.

# For further information on the BPNG visit: www.bpng.co.uk